

Four Questions

Only you can decide whether or not you are an alcoholic, although some professionals may offer very strong opinions on the subject.

There are four questions for you to answer to determine if you are an Alcoholic:

1. When you take a drink, can you control how many drinks you will have?
2. When you take a drink, can you control how long the spree will last?
3. When you take a drink, can you control what you will do while drunk?

4. Has the question of whether or not you are an alcoholic come up more than once?

For most alcoholics the answer to the first three questions will be “no,” and the answer to #4 will be “yes.”

If you now know that you are an Alcoholic, or even find that you simply have “the desire to stop drinking,” you qualify as a member of AA.